

Welcome! Please read the following primer to prepare for your visit at Shore Points Acupuncture!

Parking: there is a lot on the north side of the building with limited spots for both patients and Avon First-Aid personnel. There is also public parking available on the streets. Please allow yourself ample time to find parking. Be mindful of the parking rules.

Upon arrival at Avon Integrative Health Center, you will find a waiting area with chairs. Please take a seat and wait for your practitioner to gather and direct you to the treatment room. If you need to use the restroom, please follow the signs. We kindly ask that you arrive 5 to 10 minutes prior to your appointment to allow yourself time to use the bathroom and to get settled.

When the practitioner brings you to the treatment room, you are asked to remove your shoes and place them on the boot rack. There are hooks for coats, hats, and other personal attire.

The practitioner will then have you rest on the treatment table while he/she begins the intake. The intake normally includes a discussion focused on the reason for your visit, with the practitioner guiding you with questions. Diagnostic testing such as feeling your pulse, looking at your tongue, and palpating your abdomen and/or other meridians might also be conducted.

The practitioner will then discuss how the remainder of the treatment will proceed.

For the consultation and treatment, you can expect your visit to be approximately 60 minutes. We do our best to keep appointment times running on schedule. Please keep in mind that arriving late for a treatment may require us to shorten the length of the session.

You can book and pay for your future appointments either online or with your practitioner before you leave the clinic!

Please give yourself time before and after appointments to honor yourself and your journey and to digest this medicine. Ideally, one would rest, hydrate, and eat a nutritious meal!

The most successful treatments are built on both the patient's full participation and investment in his/her health as well as respect. We sincerely request that you respect your time, the clinic's time, and other patient's time. If you need to cancel your appointment, we require 24 hours notice. Changes or cancellations made 6-24 hours before the appointment, you will be charged a flat fee of \$45. Changes or cancellations made less than 6 hours before your appointment or a "no-call/no-show," you will be charged the full amount for the treatment. We understand that life happens and things come up. Therefore, we will waive the fee for the first offense.