

Facial acupuncture is a gentle and effective way to treat the signs of aging. For centuries, the practice has been a part of Chinese Medicine to diagnose and treat underlying health issues.

Facial acupuncture can reduce fine lines and wrinkles, lift sagging skin, reduce bags and circles under the eyes, eliminate puffiness, increase blood circulation and lymphatic drainage in the face and neck, tighten skin and pores, reduce the appearance of scars, age spots and acne, and improve overall health and well-being.

Please understand that these treatments are more than just tiny needles inserted into the skin on your face. Because we also address the underlying causes which may be dampening your inner glow, receiving these acupuncture treatments will ultimately foster balance which in turn allows for a stronger, more fulfilling life that will radiate from your face.

Results can be seen after one treatment, however, for long lasting results, a series of 8-12 sessions is required.

Please contact Michelle with any additional questions and to confirm if you are a candidate for facial rejuvenation treatments.

Warning: Precautions & Contraindications

Precautions: individuals that have high blood pressure, heart disease, experience migraine headaches, prescribed blood thinners, and are pregnant. Please advise your practitioner before starting treatment.

Contraindicated: SkinRejuvenating / Resurfacing procedures - no needles on red, raw, irritated or inflamed skin; Skin Cancer;
Cosmetic Volumizers - Botox - wait 8-10 days after injections (preferably a month)
Cosmetic Fillers - please wait 2-3 weeks after injections (preferably a month)
Cosmetic Surgery - wait at least 6 weeks after surgery, but can be used to treat post-op side-effects; most effective when performed 24-48 hours after surgery.