

**Facial Cupping** can be transformative to your appearance either as a standalone treatment, or as an addition to acupuncture facial rejuvenation. Cupping offers many additional benefits to help skin regain its youthful appearance such as:

- *Increased local circulation to the skin*
- *Brings nutrients to the surface*
- *Increases blood flow*
- *Drains stagnant fluids*
- *Reduces puffiness*

Facial cups are small and come in a variety of shapes specially designed for your face. After applying a special lotion, a small cup is either “parked” for a few seconds over a deep wrinkle to increase blood flow to the area, or it is moved along the face and down the neck to drain lymphatic fluid and stimulate blood flow. These treatments bring collagen to the surface, reducing puffiness & dark circles, diminish lines, drain nasal sinuses and lymphatic system. Conditions such as TMJ and sinus pressure are also relieved. By increasing local blood supply, nourishment is restored to the muscles and skin allowing for toxins to be carried away through the veins and the lymphatic system. Following a cupping session, a deep treatment mineral mask is left on the skin. This practice is particularly effective due to the increased blood flow. Facial Rejuvenation cupping is entirely painless and is not an irritant to the skin and safe to apply on rosacea, melasma or sensitive skin.



